



Pennsylvania's Association for  
Long Term Care Medicine



**annual**  
**symposium**

November 5, 2004  
Desmond Great Valley Hotel and Conference Center  
Malvern, PA

Earn up to 6.25 credits

# Agenda

## Friday, November 5

Moderator: *Sefi Knoble, MD, FACP, CMD*

- |                        |  |
|------------------------|--|
| 7:00 a.m.              | Registration Desk Opens  |
| 7:00 – 7:55 a.m.       | Continental Breakfast/View Exhibits  |
| 8:00 – 8:10 a.m.       | Welcoming Remarks and Introductions<br><i>Sefi Knoble, MD, FACP, CMD, President, PMDA</i>  |
| 8:10 – 8:55 a.m.       | <b>Anticoagulation Therapy in Long-term Care</b><br><i>Geno J. Merli, MD, FACP</i>   |
| 9:00 – 9:45 a.m.       | <b>Infection Control/Isolation Procedures in the Long-term Care Setting</b><br><i>Paul Drinka, MD</i>  |
| 9:45 – 10:15 a.m.      | Break/View Exhibits  |
| 10:15 – 11:00 a.m.     | <b>Pharmacotherapy in Long-term Care Medicine: “10 Mistakes from a Pharmacist Perspective”</b><br><i>Robert Dura, RPh</i>                    |
| 11:00 – 11:45 a.m.     | <b>Sexuality in the Long-term Care Setting</b><br><i>Duncan McLean, MD, CMD</i>  |
| 11:45 a.m. – 1:15 p.m. | Lunch<br>PMDA Business Meeting/Election of Officers<br><b>Financing Long-term Care Medicine in Pennsylvania</b><br><i>Alan G. Rosenbloom</i> |
| 1:15 – 2:15 p.m.       | <b>AMDA Update &amp; Medication Management in the Long-term Care Setting</b><br><i>David A. Smith, MD, CMD</i>                               |
| 2:15 – 3:00 p.m.       | <b>Using Technology to Enhance Staff Education &amp; Retention</b><br><i>Jules Rosen, MD</i>   |
| 3:00 – 3:20 p.m.       | Break/Visit the Exhibits   |
| 3:20 – 4:00 p.m.       | <b>Dermatology in Long-term Care Medicine</b><br><i>Linda Weinberg, CRNP</i>   |
| 4:00 – 4:50 p.m.       | <b>TB in the Long-term Care Setting &amp; Public Policy Update</b><br><i>Thomas E. Lawrence, MD, CMD</i>                                     |

# Accreditation

This activity has been planned and implemented in accordance with the Essentials and Standards of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the Pennsylvania Medical Society and the Pennsylvania Medical Directors Association. The Pennsylvania Medical Society is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

The Pennsylvania Medical Society designates this continuing medical education activity for up to a maximum of 6.25 credit hours of Category 1 of the Physicians Recognition Award of the American Medical Association and the Pennsylvania Medical Society membership requirement. Each physician should claim only those hours of credit that he /she actually spent in the education activity.

An application has been submitted to the American Medical Directors Association for Certified Medical Director continuing education credits.

# Audience

Family medicine physicians  
Internal medicine physicians  
Geriatricians  
Psychiatrists & Therapists  
Registered nurses  
Nursing Home Administrators  
Physical medicine and rehabilitation professionals  
Social workers  
Pharmacists  
Nurse Practitioners  
Physician Assistants

# Educational Objectives

At the conclusion of this program, attendees should be able to:

1. Describe indications/contraindications of anticoagulating long-term care residents with medical conditions commonly encountered in the long-term care setting.
2. Discuss recent and ongoing research on specific medications used for anticoagulating long-term care residents.
3. Describe how medical directors can develop “best practice” guidelines for anticoagulation therapy in the long-term care setting.
4. Describe isolation precautions specific to long-term care medicine.
5. Describe common antibiotic resistant organisms found in the long-term care setting.
6. Review treatment options for long-term care residents with antibiotic resistant organisms.
7. Discuss ways to prevent antibiotic resistance in long-term care medicine.
8. Identify medications contraindicated in the long-term care setting.
9. Describe an approach to reducing polypharmacy in the long-term care setting.
10. Describe how evidence based medicine applies to the pharmacologic treatment of long-term care residents.
11. Review common misconceptions regarding sexuality and aging.
12. Define the capacity to consent to sexual activity in the long-term care setting.
13. Discuss common staff reactions/responses to sexual activity in the long-term care setting and how to effectively deal with them.
14. Discuss current state trends in the financing of long-term care medicine.
15. Review current assisted living regulations and legislation.
16. Discuss how medical directors can effectively advocate on a state level for meaningful public policy changes.
17. Discuss AMDA initiatives of the past year.
18. Describe a rational approach to the use of Alzheimer’s medications in the long-term care setting.
19. Discuss the appropriate use of statins in the long-term care setting.
20. Discuss the appropriate use of appetite stimulants in the long-term care setting.
21. Discuss how technology can educate staff to better assess and treat behavioral problems commonly seen in long-term care residents.
22. Discuss the relationship between increased staff education and staff retention.
23. Discuss novel programs medical directors can institute to increase staff education.
24. Describe current work of the PMDA public policy committee.
25. Develop protocols for the identification and treatment of TB in the long-term care setting.
26. Discuss approaches to resolving common dilemmas in TB management in the long-term care setting.
27. Review Pennsylvania State public policy developments referable to Medical Directors of long-term care facilities.

# Faculty

**Paul Drinka, MD**

Clinical Professor, Internal Medicine/  
Geriatrics—University of Wisconsin  
Madison and Medical College of  
Wisconsin—Milwaukee

**Robert Dura, RPh**

Consultant Pharmacist  
Omnicare of Pennsylvania

**Duncan MacLean, MD, CMD**

Medical Director  
Delaware long-term care section

**Geno J. Merli, MD, FACP**

Ludwig A. Kind Professor of Medicine  
Director, Division of Internal Medicine,  
Vice Chairman of Clinical Affairs  
Senior Associate Dean for Continuing  
Medical Education, Jefferson Medical  
College  
Thomas Jefferson University,  
Philadelphia, PA

**Thomas E. Lawrence, MD, CMD**

Clinical Assistant Professor of Medicine,  
University of Pennsylvania

**Jules Rosen, MD**

Professor of Psychiatry  
Western Psychiatric Institute and Clinic  
Pittsburgh, PA

**Alan G. Rosenbloom**

President/CEO, Pennsylvania Health Care  
Association, Harrisburg, PA

**David A. Smith, MD, CMD**

President-Elect, AMDA, Brownwood, TX

**Linda Weinberg, CRNP**

Nurse Practitioner  
Skin Smart Dermatology & Aesthetics  
Center  
Wyndmoor, PA

All faculty participating in continuing medical education activities sponsored by the Pennsylvania Medical Society are expected to disclose to the audience whether they do or do not have any real or apparent conflict(s) of interest or other relationships related to the content of their presentation(s).

# Registration Fee

	<i>On or before Sept. 30</i>	<i>On or after Oct. 1</i>
Physicians (PMDA Member)	\$95	\$110
Physicians (non-members)	\$120	\$135
Health-Care Professionals and Physicians-in-Training	\$55*	\$60

\* A limited number of scholarships are available to geriatric residents and fellows. You will be notified when your registration is received should payment be required. Scholarships will be awarded on a first come, first served basis.

## Registration

Registration is limited. Registrations received before October 22 will be confirmed in writing. Walk-ins and late registrations can be accepted only if space is available. We cannot guarantee your enrollment until we receive payment information and the completed registration form.

## Location

All sessions will be held at the Desmond Great Valley Hotel and Conference Center located at One Liberty Boulevard, Malvern, PA 19355.

Overnight accommodations are the responsibility of the participant. A block of rooms is being held at the Desmond Great Valley Hotel and Conference Center. Call the hotel directly at 610-296-9800 and identify yourself as part of PMDA to receive the discounted rate before October 14. Reservations made after October 13, will be accepted on a rate and availability basis only.

The discounted rate is \$89 plus tax, per room, per night for single or double occupancy. The regular rate is \$159 plus tax per room per night.

Check in time – 3:00 pm

Check out time – 11:00 am

## Information/questions?

### Contact:

Diane Langner, Meeting Manager  
Pennsylvania Medical Directors Association  
777 East Park Drive • Harrisburg, PA 17111  
Toll-Free 888-633-5784, ext. 1482 • or 717-558-7850, ext. 1482  
Fax 717-558-7841  
E-mail: [dlangner@pamedsoc.org](mailto:dlangner@pamedsoc.org)

# Meeting Registration Form

## PMDA Annual Symposium • November 5, 2004 Desmond Great Valley Hotel and Conference Center

(Please type or print)

Name \_\_\_\_\_  MD  DO  (Other) \_\_\_\_\_

Name for Badge \_\_\_\_\_

Mailing Address (for confirmations & CME certificates) \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Office Phone/Fax \_\_\_\_\_

e-mail \_\_\_\_\_

### Full Day

**On or before Sept. 30**      **On or after Oct. 1**

____ Physicians (PMDA Member)	\$95	\$110
____ Physicians (non-members)	\$120	\$135
____ Health-Care Professionals and Physicians-in-Training	\$55	\$60

*Full day registration fee includes:* Admission to PMDA Annual Meeting, meeting materials, exhibit hall, continental breakfast, breaks, and lunch.

\_\_\_\_ I am a Fellow-in-Training and am requesting a scholarship, which I understand are limited. If I am not accepted to receive a scholarship I will be notified when my registration is received and will be responsible for the \$55 or \$60 registration fee.

**Total Amount Enclosed \$ \_\_\_\_\_**

### Type of Payment

Check enclosed made payable to PMDA       Visa       MasterCard

Credit Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Signature of Cardholder \_\_\_\_\_

3 or 4 digit code on back of card \_\_\_\_\_

Check here if you have needs associated with the Americans with Disabilities Act. Attach a written description of the services you require.

### Cancellation Policy

Cancellations received after October 24 will be assessed a \$35 processing fee. Refunds will not be available for cancellations received after October 29. Substitutions will be accepted at any time.

PMDA reserves the right to cancel or postpone any course. PMDA will refund registration fees but is not responsible for any related costs, charges, or expense. Please provide a daytime phone number so you can be notified if a program is filled or canceled.

**Send your completed  
registration form and  
payment to:**

Diane Langner, Meeting Manager  
Pennsylvania Medical Directors Association  
777 East Park Drive • Harrisburg, PA 17111  
Fax 717-558-7841



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annual  
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Don't delay — Register Now!