

## Prompted Voiding Protocol

1. Talk to the patient every two hours during normal daytime/waking hours.
2. Focus the patient's attention on voiding by asking whether he or she is wet or dry.
3. Check patient for wetness and give feedback on whether the patient's self-report was correct or incorrect (e.g., "Yes, Mrs. Jones, you are dry.")
4. Whether wet or dry, ask the patient if he or she would like to use the toilet (or urinal).
  - a. If yes:
    1. Assist him/her with toileting.
    2. Record the results on the bladder record.
    3. Give the patient positive reinforcement by spending an extra minute or two conversing with him or her.
  - b. If no:
    1. In the event they have not attempted to void in the last four hours, repeat the request to use the toilet once or twice before leaving, and follow step 4(a) if an affirmative response is received.
    2. If the patient is wet and declines to use the toilet, change him or her.
    3. Inform the patient that you will be back in two hours and request that the patient try to delay voiding until then.
5. Record results of each wet check and toileting attempt on the bladder record.

